



ConsciousDiscipline

Using M.A.P. Leads to Safety: Visuals for the Youngest Learners

Audience: Infant/Toddler

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Brain Smart® Start

1. ♥ Activity to Unite

2. ♥ Activity to Disengage Stress

3. ♥ Activity to Connect

4. ♥ Activity to Commit

Implementation Plan: Visual Schedule & Routines

Arrival to School:

1. What do you want it to look like, feel like?

2. What steps are the children able to do?

STEP 1:

STEP 2:

STEP 3:



Implementation Plan: Visual Schedule & Routines (continued)

3. What steps will the parents need to do/help their children do?

STEP 1: _____ STEP 4: _____

STEP 2: _____ STEP 5: _____

STEP 3: _____ STEP 6: _____

4. When will you create this visual routine? What materials will you need?

Routines Throughout the Day:

1. What times of the day do you need to create routines for? Where do you experience chaos?

2. What visuals might be helpful?

3. What steps will you need?

Restroom and/or Diaper Change Routine:

1. What is posted in the restroom/changing table to communicate the expected behaviors?



Implementation Plan: Visual Schedule & Routines (continued)

2. What do children do while waiting their turn for the restroom?

3. When will you create this visual routine? What materials will you need?

Visuals with 2 Positive Choices:

1. How will you create visual rules with 2 positive choices?

2. Where will you post these rules?

3. How will you create rules for different times of the day?

Implementation Plan: Visual Books

1. What routine or behavior do I want to highlight in a visual book?

2. What child needs an individual book?

3. How will I introduce the visual book?



Implementation Plan: Visual Schedule & Routines (continued)

Implementation Plan: Friends & Family Board

GOAL: Supports Safety AND Connection!

1. Where and how will I display the pictures?

2. How will I ensure a picture of each child's family is on the board, including my family?

3. Who else in our school or program goes on our Friends & Family Board?

4. How will I introduce the Friends & Family Board?

5. How will I share this information with families?

My Plan for the First Six Weeks

WEEK	MATERIALS
Week 1:	

My Plan for the First Six Weeks

WEEK	MATERIALS
Week 4:	