



ConsciousDiscipline

Creating School Family™ in Non-Traditional Classroom Settings: PE, Art, Music, etc.

Audience: Specialty

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TOPIC	NOTES
<p>Brain Smart® Start</p> <ul style="list-style-type: none"> • Activity to Unite • Activity to Disengage Stress • Activity to Connect • Activity to Commit 	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Greetings</p> <p>Offer choices:</p> <ul style="list-style-type: none"> • Touch (example: pinky shake) • Non-touch (example: Karate Kid) 	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Safekeeper</p> <p>It is my job to keep it safe. It is your job to help keep it safe.</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Commitments</p> <p>You have a choice:</p> <ul style="list-style-type: none"> • Group commitments – You help the whole class make one commitment together. • Individual commitments – Students make their own commitments based on their needs. <p>Which one works for your space?</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Jobs</p> <p>Meaningful jobs for all really is possible in non-traditional classrooms. Which jobs would be helpful for you in your space?</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Wish Well</p> <p>Wishing each other well helps connect students and build empathy. This can and will look different in your classroom than in a traditional classroom.</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



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<p>Welcome Back Does it make sense to welcome back individual students? What about classes that you haven't seen in a while? What works for you?</p>	<hr/> <hr/> <hr/>
<p>Kindness Recorder What you focus on you get more of. Recording kindness can be as simple as counting acts of kindness observed during the class period. Instead of a competition, make it a celebration.</p>	<hr/> <hr/> <hr/>
<p>Celebrations What are you willing to celebrate during your class? Birthdays? Lost teeth? Keeping a class commitment?</p>	<hr/> <hr/> <hr/>
<p>Friends and Family Post pictures of each class as well as candid photos from your class activities, school events, etc. Include as many children as possible.</p>	<hr/> <hr/> <hr/>
<p>We Care Center Stock with notecards and items that provide comfort in times of need (stuffed animal, smooth stones, etc).</p>	<hr/> <hr/> <hr/>
<p>I Love You Rituals™ These can be done by the teacher with an individual student or whole class with partners as needed and appropriate.</p>	<hr/> <hr/> <hr/>
<p>Safe Place™ Where is a safe place for your Safe Place? Have you included things for 4 of the 5 senses? Have you taught your students how/when to use it appropriately?</p>	<hr/> <hr/> <hr/>
<p>Visual Routines & Procedures Where is there chaos in your class? M.A.P. (Model, Add visuals, Ppractice) procedures for these times.</p>	<hr/> <hr/> <hr/>
<p>Class Meetings Practice P.E.A.C.E.:</p> <ul style="list-style-type: none">• Problem: "I have noticed _____. This is a problem for me because _____."• Explore: "Has anyone in this class noticed this? Is it a problem for you?"• Alternatives: "So the problem is _____. What could we do differently?"• Consensus: "As a School Family, we will _____."• Evaluate: "How will we know the problem is solved?"	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

My Plan for the First Six Weeks

WEEK	MATERIALS
Week 1:	

My Plan for the First Six Weeks

WEEK	MATERIALS
Week 4:	