

# Using a M.A.P. Leads to Safety Grades 3<sup>rd</sup>-5<sup>th</sup>

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**ROUTINES provide PREDICTABILITY which supports SAFETY.  
PICTURE ROUTINES help children organize and cooperate.**

- **Model** what is expected.
- **Add** visuals of the steps that children can follow.
- **Practice**, practice, practice.

Our brains are pattern seeking devices.  
Routines create patterns.

Children encode in images. Use pictures  
when setting up procedural routines.



## Routines: What Visuals Would Help?

Explore the following routines and discuss how you could support children's success in creating routines with pictures.

### Arrival Routine

What do you want arrival to...

Look Like?	Sound Like?	Feel Like?

Where do you currently experience chaos? \_\_\_\_\_

Fill in the boxes below with the steps. Younger children will benefit from fewer steps. Older children can be successful with longer routines (up to 6 steps). Make sure to have the steps visible for you and the students to refer to.

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When will you create this routine? What materials do you need? When will you teach it? Practice it?  
How can the students be involved in creating the routine/visual?



## Routines: What Visuals Would Help?

Explore the following routines and discuss how you could support children's success in creating routines with pictures.

### Transition Routines

How do you line children up to leave the room? \_\_\_\_\_

What Brain Smart Start strategy might be helpful? \_\_\_\_\_

Fill in the boxes below with the steps. Younger children will benefit from fewer steps. Older children can be successful with longer routines (up to 6 steps). Make sure to have the steps visible for you and the students to refer to.

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When will you create this routine? What materials do you need? When will you teach it? Practice it? How can the students be involved in creating the routine/visual?

Routines		
Activity	Steps to Include	How will you introduce and practice?
Lunch		
Dismissal		
Coming/Leaving Morning Meeting		
Lining Up		



## Expectations: What visuals would help?

Explore the following expectations and discuss how you could support children's success in creating expectations with pictures.

Your expectations for something might not be the same as your children's expectations. Help children be successful at following your expectations by giving them a visual for what those expectations might look like.

Expectation	You may...	You may...	You may not...
How to sit in your chair.	Sit with your feet on the stool.	Sit with your legs crossed.	Lean back in the chair.
What your desk should look like.			