

Using a M.A.P. Leads to Safety

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ROUTINES provide PREDICTABILITY which supports SAFETY. PICTURE ROUTINES help children organize and cooperate.

- Model what is expected.
- · Add visuals of the steps that children can follow.
- Practice, practice, practice.

Our brains are pattern seeking devices. Routines create patterns.

Children encode in images. Use pictures when setting up procedural routines.





Routines: What Visuals Would Help?

Explore the following routines and discuss how you could support children's success in creating routines with pictures.

Arrival Routine

What do you want arrival to...

Look like?	Sound like?	Feel like?	
Where do you currently expe	rience chaos?		
Fill in the boxes below with the successful with longer routing	ne steps. Younger children will les (up to 6 steps).	benefit from fewer steps. C	Older children can be

When will you create this routine? What materials do you need? When will you teach it? Practice it?



Routines: What Visuals Would Help? Explore the following routines and discuss how you could support children's success in creating

routines with pictures.

Transition Routines

How do you line children up to leave the room?	-			
What Brain Smart Start strategy might be helpful?				
Fill in the boxes below with the steps. Younger children will benefit from fewer steps. successful with longer routines (up to 6 steps).	Older children can be			

When will you create this routine? What materials do you need? When will you teach it? Practice it?

Routines:				
Activity	Steps to Include	How will you Introduce/Practice		
Lunch/Snack				
Group Time				
Rest Time				
Dismissal				