



TAKE 2! Activity

The TAKE 2! Activity gives adults and older children the opportunity to learn from mistakes rather than feeling bad about them.

Actors and actresses have more than one chance to say their lines, which are usually constructed by writers and directors, to create the perfect scene in a movie. Unfortunately, real life is not so simple. We all make mistakes and create our own OOPS moments with the words we say and the actions we take. In these moments, we wish we could get a “second take” to fix the scene that played out in our lives.

With the TAKE 2! Activity, older children and adults (including you) get the opportunity to “rewrite the script” and plan to handle the situation differently in the future. Instead of replaying and feeling bad about the mistakes you made the first time, focus on what you do want to do next time a similar situation presents itself.

You can write out the plan and/or sketch out your “new script” using the included printable.

DIRECTIONS:

- **STEP 1:** Print out the activity page and TAKE 2! visual.
- **STEP 2:** Post the visual shown to the right as a reminder.
- **STEP 3:** Write and/or sketch out your new script on the activity page.



TAKE 2! Do it Differently

Write down and/or draw a picture of your TAKE 2! plan below:



TAKE 2!